

## REAL School Restorative Learning 7 Step Process Form

Name:

Date/Time:

Location:

**STEP 1 – Take personal responsibility:** What happened? What was your role in the incident?

**STEP 2 – Processing:** what did you hope to accomplish when you used the behavior described above?

**STEP 3 – Positive Peer Culture:** identify 'common problem' and describe what it looks like.

low self esteem	easily mislead	substance use	globalizing
authority problem	instigates others	fronting	avoidance
misleads others	anger issues	black/white thinking	victim mentality

Describe in your own words:

**STEP 4 – Locus of Control:** What % of the problem is yours?

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0%

25%

50%

75%

100%

**STEP 5 – The Ripple Effect:** who or what may have been negatively impacted by your choices/behavior? (Consider people, witnesses, school/classroom climate, school's reputation, safety, teaching/learning process, etc).

**STEP 6 – Restoration:** How will you repair the negative impact of your behaviors on our school community? Who will you apologize to and how?

**STEP 7 – The Plan:** in the future, how will you behave differently and what SPECIFIC skills and strategies will you use in order to maintain control of your behavior? What resources will you need to help you with this plan? (People, structures, reminders, internal/external supports). \*\*\*Staff must approve plan